

Connecting Throughout the Year



December 2025

Celebrating Veterans

Holiday Connectedness

Resident Feature



WESTMINSTER
COMMUNITY LIFE

FROM THE EXECUTIVE DIRECTOR



CHUCK BORST

As we close 2025, I want to say thank you to our wonderful residents who inspire me daily with their lifelong accomplishments, positive attitudes, and community involvement. You continue to learn from each other. And I learn new things from you every day. Recently, I was talking to a resident and learned so much about the computer and software industry and its impact on business and government efficiency.

I am also inspired by our associates. For the 12th year, Westminster has been chosen as a “Top Workplace” by our associates and the Austin American-Statesman. Like our workplace brand motto, this award shows that we truly are ‘Extraordinary, Together’ with a dedicated team of associates who value integrity and are respected by some 600-plus residents who expect the highest standards of care to live their best lives.

Another signal of our success, The Arbour at Westminster has been named “Best Nursing Home” by U.S. News & World Report for 2026. We won this award for both long-term and short-term care. Ratings are based on quality metrics, like staffing ratios, physical, occupational, and speech therapy results, lower readmissions to hospitals, fewer emergency visits, and other quality standards. We pride ourselves on providing high-quality care across all levels of care.

Industry recognition is nice, but as the holiday season approaches, let’s embrace what truly matters. Take time to care for yourself and those you love. Slow down, savor the little moments, and cherish the joy of being together.

Closing on a High Note

TOP
WORK
PLACES
2014-2025

Austin American-Statesman
statesman.com

“Westminster’s leadership has been incredibly supportive in helping me grow both personally and professionally. The management’s trust and guidance motivates me to improve my skills, and to take pride in the work we do as a team.”

~Sol Sedberry, Food & Beverage

“I have worked in multiple departments, from HR to general services to the maintenance department. The environment has always been supportive, collaborative, and rewarding and my coworkers align with the same goals to take care of our residents, ensuring that we always make an extraordinary impression.”

~Jenny Wallace, Operations

Gifts may sparkle, but the greatest treasure is fellowship and connection. Sometimes, a simple note filled with heartfelt wishes can brighten someone’s world more than anything wrapped in paper. Spread kindness, share hope, and pass it on—because together, we can make this season unforgettable.

Thank you for making Westminster an extraordinary place to live and work.

Fall Fest 2025



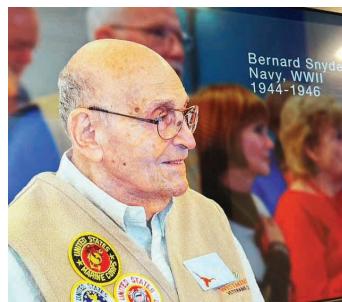
Veterans Corner

Today, roughly 75 veterans from every service branch live at Westminster and they share stories and pay tribute to the men and women who continue to protect our freedoms around the globe. Less than .5 percent of the 16 million men and women who served in World War II are still alive, according to U.S. Department of Government Statistics. Three of these veterans live at Westminster, including Terrell Blodgett, Bernard Snyder, and Phil Closmann. Below are bios for a handful of veterans from several wars living at Westminster.

Phil Closmann (age 100) was born in New Orleans in 1925. At age 16, he applied to serve in a naval unit at Tulane University where he studied chemical engineering. After being rejected for having “bad eyes” he served for three years as a radar technician, stationed on Naval bases from the Great Lakes to Gulfport. Closmann also studied sonar to find subs and fire control and says his favorite part of the service was “learning to repair stuff.”



Closmann married Madeline Closmann and worked for Shell recovery research until he retired. The Closmanns have six children, including Colonel James Closmann, an oral surgeon who retired from the Army in 2013.

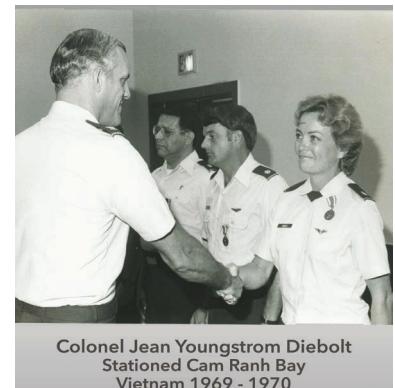


This Austin native, **Bernard Snyder** (age 99) joined the Navy in 1944 at age 18. He became a radar technician on a ship that saw action in the Pacific. Snyder considers himself lucky because he survived a kamikaze attack that missed his ship.

He said he had an opportunity to become an officer but turned it down because of the time commitment. When the war ended, he was discharged in June 1946.

Snyder returned to Austin and got married. The Snyders soon moved to New York where he earned an MBA. In 2024, Snyder age 98, made another important life choice marrying fellow resident, Jo Cartwright (age 96).

With a father in the military, **Jean Diebolt** (age 87) followed in his footsteps, serving as a USAF nurse in Vietnam until she retired as Colonel from the military in 1999. Like many wartime nurses, the military helped Diebolt finance her education in nursing school. After retiring from the military, Diebolt ran a clinic in rural East Texas.

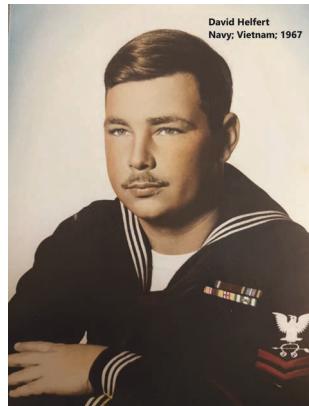


Colonel Jean Youngstrom Diebolt
Stationed Cam Ranh Bay
Vietnam 1969 - 1970



Diebolt said she enjoyed working in medicine in Vietnam because nurses could do procedures that only doctors could do at home. She also tells funny stories about stealing jeeps in Vietnam and heading to the beach. At 87, she still has that adventurous spirit as she travels the world and continues to widen her circle of friends.

David Helfert (age 79) is an Army brat, born in Texas, but gained a worldly perspective as a kid when he lived abroad in Columbia, South America. Helfert entered The University of Texas in 1963 as a Naval R.O.T.C Midshipman and freshman baseball player. He took a break from school and served active duty with the U.S. Navy, including nearly a year as Cruise Director on the scenic waterways of South Vietnam's Mekong Delta.



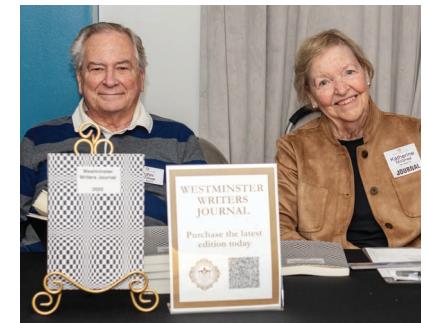
Helfert was awarded the Bronze Star and the Purple Heart after he was wounded during a mortar attack. Post-Navy, he worked in television news and political campaigns, and he served in the Clinton Administration and for two members of Congress. He has also taught political communication and public affairs writing at universities in Washington, DC, and at the LBJ School and Texas State University.



Westminster Book Festival



Westminster celebrated 10 years of literary talent by hosting resident and guest authors, a panel of residents who discussed their craft, and featured speaker Bryan Burrough, author of *The Gunfighters: How Texas Made the West Wild*. The Journal and Writers Group promoted their work. People noshed on Western favorites like Texas caviar, brisket crostini, and pecan bites, and socialized with fellow residents and prospective residents.



Dining

LAUREL DINING ROOM:

To-go service only during construction
Lunch 11:00 A.M.-2:00 P.M.
Dinner 4:00-7:00 P.M.
Call (512) 600-7332 to order.
Delivery & pick-up in room #227

BISTRO:

7:00 A.M. - 8:00 P.M.
Delivery & pick-up available 7:00 A.M. - 4:00 P.M. Call (512) 600-7369 to order.

ROWAN DINING ROOM:

No pick-up or delivery orders
11 A.M - 3:00 P.M.
Reservations: (512) 454-4711 ext. 2243

TREE LOUNGE:

Bar: 1:00 P.M. - 9:00 P.M.
Dinner: 4:00 P.M. - 8:00 P.M.

Daily Chef Specials are posted on the Westminster Portal or ask your server.

During our Completion Phase, there will be temporary changes to our dining hours. Refer to the **Expansion tab** on the resident portal for up to date info.

Transportation

Sign up for the activity trips on the Resident Portal. In addition, we provide transportation to scheduled doctor appointments and to grocery stores.

Little Store

MON - FRI 9:30 A.M. - 3:30 P.M.
Closed daily from 1:30 to 2:00 pm

Business Center

Business Center and Library are accessible 24-hours a day with black key fob.

Wellness Clinic

MON - FRI
8:30 A.M.-12:30 P.M. & 1:30 PM-5 P.M.
Appointments are preferred. Call (512) 323-2395, you may leave a message.
Please let us know the nature of your complaint so we may know best how to assist.

RAF COMMITTEE

Crossing the Finish Line

The RAF Committee extends a heartfelt THANK YOU to all who generously supported our 2025 campaign. The final account of donations is displayed on the Candy Cane thermometers placed throughout the community. All residents are invited to honor our Associates at the 2025 Reception on Wednesday, December 10 at 2:00 p.m. in HBH.

With much appreciation for your assistance, Ferne Kyba



Taylor, Texas



The Power of Connection During the Holidays

The holiday season is often filled with joy, music, and celebration—but for many older adults, it can also bring feelings of loneliness, especially when loved ones are far away or traditions have changed. At Westminster, we recognize that social wellness is just as vital as physical health, and December is a wonderful time to nurture it.

The Season of Togetherness

Research shows that older adults who stay socially active enjoy stronger emotional well-being, better physical health, and even sharper memory. In fact, regular social engagement is linked to lower risks of depression, heart disease, and cognitive decline. The holidays offer a perfect opportunity to tap into these benefits.

Even small moments of connection can make a big difference:

- ✓ Share a cup of cocoa or tea with a neighbor
- ✓ Attend a holiday craft or music program
- ✓ Write a heartfelt card to someone you haven't spoken to in a while
- ✓ Join a group outing to see festive lights or a seasonal performance

These simple interactions stimulate the brain, lift the spirit, and remind us that we are part of a caring community.



Reaching Out Is a Strength

It's natural to feel a mix of emotions during the holidays. If you're experiencing loneliness or sadness, please know you're not alone—and that reaching out is a sign of strength, not weakness. Social connections nourish the mind and spirit, and they are a vital part of healthy aging.

This season, give yourself the gift of companionship. Whether it's joining a group activity, starting a conversation, or accepting an invitation, every step toward connection is a step toward wellness.

You Matter Here

Whether you're lighting a candle, singing a carol, or simply sitting beside a friend, your presence brings warmth and meaning to our community. Let's make this season one of shared joy, heartfelt connection, and belonging.

Together, we make the holidays brighter.

If you are feeling lonely, overwhelmed, or simply need someone to talk to, please reach out to:

- ✓ **Rachel Gill, Life Enrichment Director**
- ✓ **Traci Lindesmith, Health & Wellness Director**
- ✓ **Or visit our Wellness Clinic for support**

We're here for you—this season and always.



Weekly Workouts

Ready to get fit? We've made some changes to our schedule.

MONDAY

8:30am Walking Group Depart from PL
9:00am - 9:25am Chair Exercise Resident Led (FS)
9:30am - 10:00am Beginner Pilates Angie
10:05am-10:35am Gentle Yoga Angie
10:30am - 10:50am Balance Ballet Virginia (Apt 14)
11:15am - 12:00pm Nadine (FS)
11:15am-12:00pm Aqua Fit Jade (Pool)
12:00pm-12:45pm Chair Yoga & Meditation Nadine (FS)

TUESDAY

9:00am - 9:25am Chair Exercise Resident Led (FS)
9:30am - 10:15am Interval Training Angie (FS)
10:30am - 11:15am Yoga Angie (FS)
11:30am-12:15pm Just for Men (Strength Training) Jade (FS)
12:15pm-1:00pm Balance & Strength Jade
1:00pm - 2:00pm Fitness for Movement Disorders w/Summer (FS)

WEDNESDAY

9:00am - 9:25am Chair Exercise Resident Led (FS)
9:30am - 10:15am Balance & Cardio Blast Angie (FS)
10:30am - 10:50am Balance Ballet Virginia (Apt 14)
11:15am-12:00pm More Core on the Floor Angie (FS)
1:00pm - 2:00pm Parkinson's - 3rd Wed Tammis (Chapel)

THURSDAY

9:00am - 9:25am Chair Exercise Resident Led (FS)
9:30am - 10:15am Interval Training Angie (FS)
10:30am - 11:15am Yoga Angie (FS)
11:15am-12:00pm Aqua Fit Jade (Pool)
12:15pm-1:00pm Balance & Strength Jade
1:00pm - 2:00pm Fitness for Movement Disorders w/Robin (FS)

FRIDAY

9:00am - 9:25am Chair Exercise Resident Led (FS)
9:30am - 10:00am Beginner Pilates Angie
10:05am-10:35am Gentle Yoga Angie
10:40am-11:10am Core on the Floor Angie (FS)
11:15am-12:00pm Aqua Fit Jade (Pool)

SATURDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)

PLEASE NOTE:

*All classes on Christmas Day are canceled

*Jade's classes are canceled 12/24-12/26

*Nadine's classes are canceled 12/29

FS = Fitness Studio
PL = Preston Lobby

DECEMBER EVENT HIGHLIGHTS

Dates & times subject to change, check weekly calendars for up-to-date info.

DECEMBER 2 @7:15 P.M.

LIVE MUSIC: JOHNNY MCGOWAN

Harris Bell Hall - Kick up your heels at our Country Christmas Show with Johnny McGowan.



DECEMBER 17 @7:15 P.M.

CELEBRATION: HANUKKAH PARTY

Harris Bell Hall - Hanukkah Party with The Mazel Tov Kocktail Hour Band



DECEMBER 31@7:00 P.M.

CELEBRATION NEW YEAR'S PARTY

Harris Bell Hall - Ring in the new year with the Hot Texas Swing Band



DECEMBER 5 @5:00 P.M.

CELEBRATION: CHRISTMAS PARTY

Harris Bell Hall - Invite the family and join us for our annual Christmas party and Tree Lighting.

DECEMBER 21@5:30 P.M.

OUTING: SIGHTS & SOUNDS OF CHRISTMAS

Sign up on the **Resident Portal** to join the Happy Holidays Sights & Sounds of Christmas, a bus tour with Billy Brookshire

MORE TO OFFER

Check the resident portal for the full calendar and amenity schedule.



Follow us on Facebook for events and more!





December

1-13

BIRTHDAY LIST

Independent Living

DATE	NAME	APT #
3	Heather Carter	229
4	Donnis Hazelton	5029
4	Sarah Schiff	4025
5	Donald Hess	438
7	Anne Ellzey	470
7	Nancy Dittmar	238
8	Meiling Newman	515
10	Janice Henderson	C510

DATE	NAME	APT #
10	Maggie Slocum	138
10	Robert Sullivan	4007
11	Tom Ausley	4032
12	John Slocum	138
12	Judith Ray	339
13	Thomas Smith	C419

Arbour & Assisted Living

DATE	NAME	APT #
1	Jacqueline Fiegel	CA104
2	Ernest Lundelius	CA110
2	Jane Andre	2231
3	Donna Bradley	CA109
3	Joan Mueller	CA102
9	Beverly Piskac	1114
13	Sylvia Wilkins	1131



SUNDAY

This calendar lists all trips and activities scheduled in person and on Ch 1890 (unless otherwise noted)
***Indicates that sign-up on the portal is required**
****Indicates that ticket and sign-up on the portal is required**

Location Key

HBH	Harris Bell Hall
LDR	Laurel Dining Room
PL	Preston Lobby
PS	Pottery Studio
C	Chapel
PC	Preston Courtyard
SOL	Solarium
GR	Game Room
WC	Windsor Courtyard
B	Bistro
ME	Marketing Entrance
FC	Fitness Center
T	Theater
AS	Art Studio

MONDAY

11:00 Komi, the nomads from the Arctic circle (49 mins)
12:00 Movie: *A Christmas for the Ages* (2023) 87 mins
1:00-2:30 Phase 4 Resident Update with Chuck Borst, Exec. Director-HBH
1:30 Walgreens & Central Market-PL*
2:00 BINGO - SOL
2:00 Sherlock Holmes' The Bruce Partington Plans (53 mins)
2:55 Period movie: *Love's Quiet Journey* (83 mins)
3:00 Book Club-Great Novels of the 19th Century-Theater
4:20 Guyana The Hidden Paradise (54 mins)
5:15 Russia's Icy Northern Sea Coast (44 mins)
6:00 Katara Tower: Qatar's new landmark of luxury and perfection (52 mins)
6:53 Paul Hollywood's City Bakes - Iceland (47 mins)
7:40 Julie Andrews' Christmas (55 mins)
7:15 Christmas Concert by The Austin Brassworks Quintet- HBH
8:20 Movie: *Wuthering Heights* (1992); 105 mins

TUESDAY

1 9:30 Women's Group with Donuts & Coffee-SOL
9:30 Men's Coffee Group-SOL
10:00 Art class with Linda-AS
11:00 Wartime Farm Christmas Special (58 mins)
11:00 Carols by The Madrigal Singers of St Stephen's Episcopal School-HBH
12:00 Royal Recipes: The Exotic Favorite of King George V (44 mins)
12:45 Edna St. Vincent Millay documentary (94 mins)
1:20 What living in London was like during The Blitz(52 mins)
1:30 Paper Crafting with Cindi Arms-AS
2:00 Stitch 'N Time-Arbour Second Floor
2:20 Movie: *Daisies in December* (98 mins)
3:00 Interfaith Book Group-C
4:00 Faroe Islands ... (53 mins)
4:55 Christmas Street Food in Budapest, Hungary(22 mins)
5:20 Iceland in 10 Days...(30 mins)
5:50 Rocky Mountaineer's Rockies to Red Rocks (30 mins)
6:20 The Nutcracker - Imperial Classic Ballet (102 mins)
7:00 Austin Symphony's Handel's Messiah at Riverbend Center -PL**
7:15 A Country Christmas Show with Johnny McGowan.-HBH
8:10 Movie: *The King's Speech* (2010); R-Rated; 119 mins -1890

WEDNESDAY

2 10:00 Pottery Class-PS
10:00 Tech Help-GR
10:30 Poetry Group-T
10:30 Meditation Group w/ Patty-C
11:00 Becoming Warren Buffett (89 mins)
12:30 David Attenborough's Galapagos - Part I (53 mins)
1:25 Mary Berry's Country House at Christmas (60 mins)
1:00 Bridge Group-GR*
2:25 Antiques Roadshow
3:20 Bean Returns to School! (74 mins)
3:30 Blora's Nature In Lights Christmas Lights Drive Thru, Belton; Dinner at Dead Fish Grill-PL*
3:30 Social Hour-Bistro
4:35 Sonoma County...(43 mins)
5:20 Visions of Puerto Rico - Lifestyle, Food & Travel (57 mins)
6:18 The Picturesque Villages of Britain (47 mins)
7:06 Christmas in Vienna 1999 with The Three Tenors(83 mins)
7:15 The Nativity / Birth of Christ: Presentation by resident & Art Historian, Sherry Smith-C
8:35: Movie: *The Legend of Bagger Vance* (2000); 126 mins

THURSDAY

3 10:00 Art class w/ Sue-AS
11:00 World's Greatest Natural Icons - Earth (53 mins)
12:00 The Surprising Intricacies of Viking Art (61 mins)
1:00 Mahjong Group-GR
1:02 Baron Haussmann: ... Built Modern Paris (56 mins)
2:00 The Deadly Iberian Lynx's hunt for survival (53 mins)
2:00 Mexican Train-SOL
2:30 Discussion Group-Topic: Conflict-C
3:00 Servants: The True Story of Life Below Stairs - Knowing Your Place (60 mins)
3:30 Sarajane Dailey Christmas Concert and Chat-HBH
4:00 Travel Video-Salzkammergut Vacation(52 mins)
4:55...England's Most Celebrated Palaces (52 mins)
5:00-7:00 HIDDEN TREASURES PRESALE & RECEPTION
5:00 UT Women's Basketball-PL**
5:30 Town & Gown Club-PL**
5:50 US vs UK Christmas ... - Food Wars (34 mins)
6:25 Christmas at Harrods 2023 (22 mins)
6:50 Tchaikovsky: The Nutcracker - Rotterdam Phil.(93 mins)
7:15 Holiday Concert by The Highland String Quartet-HBH
8:30 Musical Movie: *White Christmas* (1954) 120 mins

FRIDAY

4 8:00-12:00 HIDDEN TREASURES SALE
10:00 Westminster Veterans Group meeting-SOL
11:00 Unmasking Brighton's Biggest Art Mystery (59 mins)
12:00 Winter Wonderland (27 mins)
1:00 American Experience - Pearl Harbor Surprise and Remembrance (88 mins)
1:30 Walmart-PL*
2:30 Wildlife in the world's harshest climates (50 mins)
3:20 Wonders of Japan (53 mins)
4:15 The Hollywood Palace Christmas Show (49 mins)
5:05 Jack Benny Show: Christmas Party (27 mins)
5:35 Old favorites: And The Angels Sing (1944)mins
5:30-7:00 Westminster CHRISTMAS PARTY & Tree Lighting, Invite grand/great grandkids -HBH
7:20 Friday Classic Movie: *It Happened on 5th Avenue* (1947) 116 mins

SATURDAY

5 10:35 America vs Japan: The Complete History of WW2's Pacific Theater (150 mins)
11:00 Investment Club: Speaker: Jack Robertson, resident-HBH
1:00 A Christmas Carol- Adapted by & Starring Stuart Schleuse, son of Dr Bill Schleuse, resident-HBH
1:00 Love Notes Chorus (Free concert)-PL**
1:30 Fun Board Games with Kay Arms, resident-SOL
2:00 Dominoes-SOL
2:00 Movie: Two is a Magic Number (2021) (German) 85 mins
3:00 Tailgate Party- SEC Championship Game - HBH
4:30 The Carol Burnett Show
5:30 Pearl Harbor: The Day of Infamy (72 mins)
7:00 Movie: *Midway* (2019) 138 mins
9:25 The Tonight Show with Johnny Carson

7

PEARL HARBOR DAY

8:30 Walking Group TBA-PL*
10:00 Christmas: Teaching us how to give - Dr Charles Stanley
10:30 At This Table - Christmas Concert(82 mins)
11:00 Catholic Communion Service-C
11:55 December 7, Pearl Harbor (1943) 82 mins
1:20 Movie: *Home for Christmas*(97 mins)
2:00 Play Canasta-SOL
3:00 *Conspirare Christmas* at Hogg Memorial Auditorium-PL**
4:00 Vespers: Speaker: Rev Cheryl Kimble, Pastor, The Church at Highland Park-C; Live on Ch 1890
5:00 Jerry Lewis' Rock a Bye Baby (100 mins)
6:40 Switzerland's Great Cities
7:00 André Rieu - Christmas Down Under (Live in Sydney) 115 mins

8

9:30 Women's Group with Donuts & Coffee-SOL
9:30 Men's Coffee Group-SOL
10:00 Guided tour of The Driskill Hotel w/ Harrison Eppright, Tour Ambassador of Visit Austin-PL*
10:00 Woodworking Class w/ Gus-Ground floor Preston
10:00 Art class with Linda-AS
11:00 The Tudors' Bizarre 12 Days of Christmas... (59 mins)
12:00 Royal Recipes: ... (44 mins)
12:50...C.S. Lewis (59 mins)
1:20 What living in London was like during The Blitz(52 mins)
1:30 Paper Crafting w/ Cindi-AS
2:00 Book Group by Austin Public Library: *Another Year in the Books 2025*-SOL
2:00 Stitch 'N Time-Arbour 2nd Fl
2:00 Movie: *A Holiday to Remember*(95 mins)
3:00-4:00 ARBOUR OPEN HOUSE-Meet at the Arbour lobby
3:35 The Authentic Beauty of Canada's Grass Lands (51 mins)
4:30 Mauritius...(61 mins)
5:35 Stockholm, Sweden - Christmas Tour (32 mins)
6:10 Little Women - The Musical (136 mins)
7:15 *Anthony Garcia's Christmas Show*-HBH
8:30 Movie: *Die Hard* (1988); R-Rated; 132 mins

9

10:00 Tech Help-GR
10:30 Poetry Group-T
10:30 Meditation Group w/ Patty-C
11:00 Born Rich (66 mins)
12:10 David Attenborough's Galapagos - Part II (53 mins)
1:05 The Great American Baking Show 2023 - Pastry Week (56 mins)
2:00 Resident Gift Reception-HBH
2:05 Antiques Roadshow
3:00 Bean Goes Golfing!(76 mins)
3:30 Social Hour-Bistro
4:20 Finger Lakes New York Wine Region (55 mins)
5:15 Visions of England (56 mins)
6:15 Baltic Bliss: A Traveler's Guide to Estonia (51 mins)
7:07 Rod Stewart - Christmas Live at Stirling Castle (51 mins)
7:15 Mondays with Harry - A satire written by resident, Ken Ashworth with Resident Cast-HBH
8:05 Movie: *The Revenant* (2015); R-Rated; 156 mins

10

9:30 Shop the San Marcos Premium Outlets-PL*
10:00-12:00 Open Studio with resident, Sue Gilliam- AS
11:00 World's Greatest Natural Icons - Life (53 mins)
12:00 Finding David Riffle, West Virginia Artist(57 mins)
1:00 Mahjong Group-GR
1:00 Why Frank Lloyd Wright Is America's Best ... (60 mins)
2:00 The fascinating story of beavers(53 mins)
2:00 Mexican Train-SOL
2:30 Discussion Group-Topic: Intuition-C
3:00 Servants: The True Story of Life Below Stairs... (59 mins)
4:00 Armchair Astronomer Ken VanLew: Meteorite Craters: Holes from Heaven on Zoom
4:00 Travel Video-Bavaria vacation (60 mins)
5:00 Versailles, the private visit (62 mins)
6:02 Christmas markets in Europe! (34 mins)
6:40 Nuremberg Christmas Market Food Tour (18 mins)
7:00 Christmas Concert with the Kyiv Symphony Orc. (81 mins)
7:15 Novel launch-A Testament to Wind and Stonewritten by resident & former Senator, Max Sherman-HBH
8:25 Musical Movie: *Holiday Inn* (1942) 101 mins

11

10:00 Art class w/ Maria-AS
10:00-2:00 Holiday Bazaar- HBH
11:00 Healthy Living Lecture by Select Rehab on Staying safe and healthy while traveling-SOL
11:00 Johannes Vermeer - The Sphinx of Delft- Part I (82 mins)
12:30 Academy4 Mentoring at Padron Elementary School-PL**
1:00 Patagonia: The bottom of the World(72 mins)
1:30 Duplicate Bridge-SOL
1:30 Trader Joe's-PL*
2:15 Night Forest - A World Unseen (75 mins)
3:00 Nature Creator Club (flower arranging, plant creations - AS
3:30 Christmas Sing Along with Butler School of Music voice lesson students-HBH
3:30 Mysterious places of the Western US (54 mins)
4:25 Johnny Cash Christmas Show (41 mins)
5:10 Old favorites: The Bells of St. Mary's (1945) 126 mins
6:30 Austin Playhouse-PL**
7:20 Friday Classical Movie: *Christmas in Connecticut* (1945) 101 mins
7:15 Old Fashioned Advent Hymn Sing-C

12

10:35 Movie: One Thousand and One Nights (200 mins)
11:15 MetOpera's *Andrea Chénier* at Regal Metropolitan (3.30 hrs) -PL*
1:30 Fun Board Games with Kay Arms, resident-SOL
2:00 Dominoes-SOL
2:00 Movie: *My Happy Marriage* (Japanese) 110 mins
4:30 The Carol Burnett Show
5:30 Petra: *Lost City of Stone* (54 mins)
7:00 Movie: *Past Lives*; (2023); 106 mins
8:55 The Tonight Show with Johnny Carson



December
14-31

BIRTHDAY LIST

Independent Living

DATE NAME APT#
14 Frances Cerbins C512

15 Anne Brown C507

20 Carolyn Thompson 345

21 Bonnie Smith C419

21 John Butler 327

21 Hamilton Beazley C509

21 Veryan Thompson C511

22 Carolyn Goble 16

22 Nina Thomson C502

24 Gayle Little 450

24 James Thomas Ward 525

25 Shu Ching Chen 468

26 Lloyd Arnold 301

26 JoAnn McKenzie 441

27 Carolyn Cason 4018

31 Debbie Pearson 5032

Arbour & Assisted Living

DATE NAME APT#
14 Anna Joyce Altizer 2206

14 Ralph Erchinger CA324

27 Merle Hook 2251

27 Virginia Stehlik 2210

31 Shirley Lundgren 2234



SUNDAY

HANUKKAH BEGINS

14

10:00 Christmas: The Wisdom of God - Dr Charles Stanley
10:30 Christmas Hymn Sing (67 mins)
11:00 Catholic Communion Service-C
11:40 Truth Rising (92 mins)
1:15 Piano music by John Hudspeth, resident
1:00 Ballet Austin's Nutcracker-PL**
1:45 Movie: Saving Santaland (91 mins)
2:00 Play Canasta-SOL
4:00 Vespers: Service of Lessons and Carols -C; Live on Ch 1890
5:00 Jerry Lewis' That's My Boy (95 mins)
5:30 The Happy Holidays Tour (Sights & Sounds of Christmas): w/Billy Brookshire-PL*
6:35 Swiss Alps
7:05 Andrea Bocelli's Christmas Concert (99 mins)

MONDAY

15

11:00 ...snow in the wild (53 mins)
12:00 Movie: Eight Gifts of Hanukkah (86 mins)
12:00 Movie: Christmas In Vienna (88 mins)
1:30 Walgreens & Central Market-PL*
2:00 BINGO-SOL
2:00 Sherlock Holmes' The Second Stain (53 mins)
2:55 Mini series: Little Women - Part I (98 mins)
3:30 Hill Country Lights Drive Thru-Fredericksburg & J. City; & Dinner-PL*
4:00 Armchair Astronomer Ken Van Lew: Meteorite Craters-C
4:35 ...Christmas cruise (45 mins)
5:20 Christmas in Austria (26 mins)
5:47 Burj Khalifa, Dubai ... (45 mins)
6:33 Paul Hollywood's... (47 mins)
7:20 Christmas in London (15 mins)
7:15 Christmas Concert by The Austin Brass Band- HBH
7:35 Perry Como Christmas... (53 mins)
8:30 Movie: Love, Lights, Hanukkah! (2020); 84 mins

TUESDAY

16

9:30 Women's Group with Donuts & Coffee-SOL
9:30 Men's Coffee Group-SOL
10:00 Art class with Linda-AS
10:00 Guided tour of Chateau Bellevue-PL*
11:00 How Victorian England Celebrated Christmas (59 mins)
12:00 Royal Recipes:... (44 mins)
12:45 ...Mary Poppins? (59 mins)
1:30 Paper Crafting w/ Cindi-AS
2:00 Stitch 'N Time-Arbour 2nd fl
2:00 Movie: Deck the Heart (104 mins)
3:00 Presbyterian Fellowship-SOL
3:00 Episcopal Service - C
3:45 Reindeer People (51 mins)
4:40 Central Sweden... (44 mins)
5:25 Nice, France,... (51 mins)
6:16 Budapest Christmas (32 mins)
6:50 Andy Williams Christmas (40 mins)
7:15 Christmas Concert by The Austin Civic Wind Ensemble-HBH
7:30 Julie Andrews' The Sound of Christmas (54 mins)
8:30 Movie: Little Women (2019) 135 mins

WEDNESDAY

17

10:00 Tech Help-GR
10:00 Pottery Class-PS
10:30 Poetry Group-T
10:30 Meditation Group-Cancelled
11:00 The Trump Dynasty (85 mins)
12:25 ...Galapagos Part III (53 mins)
1:20 Classic Christmas (58 mins)
1:00 Bridge Group-GR*
1:00 Parkinson's Support Group-G
1:30 Hand and Foot Game-SOL
2:20 Antiques Roadshow
3:00 New Resident Reception-HBH
3:15 Mr Bean meets... (77 mins)
3:30 Social Hour-Cancelled
4:35 ...story of Cava:... (62 mins)
5:39 ...New Zealand to... (51 mins)
6:30 ...Hanukkah... (53 mins)
6:30 Austin Symphony...-PL**
7:00 UT Women's Basketball-PL**
7:15 Hanukkah Party with The Mazel Tov Kocktail Hour Band-HBH
7:25 A Bocelli Family... (31 mins)
8:00: Movie: On Her Majesty's Secret Service (1969) 140 mins

THURSDAY

18

10:00 Art class w/ Sue-AS
11:00 ...Icons - Wind (53 mins)
12:00 Birthday Luncheon - HBH
12:00 The Scandalous Duchess in a "Lost" Reynold... (60 mins)
1:00 Mahjong Group-GR
1:00 ...Palladio (60 mins)
1:40 Table Tennis for Seniors at the Austin Table Tennis Club-PL*
2:00 Mexican Train-SOL
2:00 A Father's Legacy in the Tiger Kingdom (52 mins)
2:30 Discussion Group-Topic: Purpose-C
3:00 Servants: The True Story of Life Below Stairs... (59 mins)
4:00...Switzerland vacay (61 mins)
5:03 Norway-A Winter Destination (65 mins)
6:10...Christmas in NYC (24 mins)
6:35 Carols...Australia (115 mins)
7:15 Sing Sing Sing! - A Resident led Carol Singalong-HBH
8:35 Musical Movie: The Jazz Singer (1990) 115 mins

FRIDAY

19

8:30 Informal Women's Breakfast-Bistro
10:00 Art class w/ Maria-AS
10:00-12:00 Christmas Home Tour-Westminster apartments
11:00 Johannes Vermeer - The Sphinx of Delft- Part II (82 mins)
1:00 Wonders of Christmas: The most beautiful winter ... (64 mins)
1:30 Barton Creek Mall-PL*
1:30 Duplicate Bridge-SOL
2:00 Chuck Chat - Holiday Humor & Trivia - HBH
2:05 Magic of the Moors - A Mysterious World... (92 mins)
3:40...Switzerland (38 mins)
4:00 Shabbat Songs & Lessons-C
4:20 Christmas...Danube (19 mins)
4:40 Jack Benny Show... (27 mins)
5:10 Old Favorites: Beyond Christmas (1940) 85 mins
7:00 Musical Movie: Fiddler on the Roof (1971) 201 mins
7:15 Bluegrass Christmas Concert: Silver Grass Band - HBH

SATURDAY

20

10:35 BBC's The Lion, The Witch & The Wardrobe (173 mins)
1:30 Fun Board Games with Kay Arms, resident-SOL
2:00 Dominoes-SOL
2:00 Movie: Non c'è 2 senza te (Italian)
4:30 The Carol Burnett Show
5:30 The Legends of Santa (52 mins)
7:00 Movie: The Women's Balcony; (2016); 96 mins
8:50 The Tonight Show with Johnny Carson

21

10:00 The Significance of the Birth of Jesus - Dr Charles Stanley
10:30 Gaither Christmas Homecoming - 1993 (75 mins)
11:00 Catholic Communion Service-C
11:55 The search for Jesus (87 mins)
1:25 Movie: A Christmas Memory (93 mins)
2:00 Play Canasta-SOL
4:00 Vespers: Longest Night Service -C; Live on Ch 1890
5:00 Bob Hope's The Lemon Drop Kid (92 mins)
5:30 The Happy Holidays Tour (Sights & Sounds of Christmas): A two hour guided bus tour with Billy Brookshire-PL*
6:35 Rick Steves' Helsinki and Tallinn: Baltic Sisters
7:05 Christmas with Andre Rieu (92 mins)

22

8:30 Walking Group-TBA-PL*
11:00 Antarctica... (52 mins)
TBA: Going to the movies-PL*

12:00 Movie: The Christmas Box (1995) 92 mins

23

9:30 Men's Coffee Group-SOL
9:30 Women's Group with Donuts & Coffee-SOL
10:00 Art class with Linda-AS
10:00 Woodworking Class w/ Gus-Ground floor Preston

10:00 Self guided tour of the Blanton Museum-PL*

11:00 Tudor Christmas (65 mins)

12:05 Royal Recipes:... (44 mins)

1:00 ...Farm Christmas (60 mins)

1:30 Duplicate Bridge-SOL

1:30 Paper Crafting w/ Cindi-AS

2:00 Movie: The Walton's Christmas movie... (99 mins)

2:00 Stitch 'N Time-Arbour 2nd Fl.

3:00 Presbyterian Communion-Cancelled

3:40 Legends of Santa (53 mins)

4:35 Christmas Winter... (53 mins)

5:30...Christmas Markets (32 mins)

6:05 Christmas...Harrods! (28 mins)

6:35 The Nutcracker... (100 mins)

7:15 Greg Reinert's Christmas Show-HBH

8:20 Movie: The Holdovers (2023); R-Rated; 133 mins

24

10:00 Tech Help-GR
10:30 Poetry Group-T
10:30 Meditation Group with Patty Speier-Cancelled
11:00 Charles Dickens and the Invention of Christmas (59 mins)
12:00 Christmas with The Windsors (54 mins)
12:55 Britain's Christmas... (59 mins)

1:30 Hand and Foot Game-SOL

1:55 Best Christmas Markets in Europe (75 mins)

1:15 Movie: The Christmas Candle (2013) 100 mins

2:55 Downton Abbey Christmas special (93 mins)

4:29 Michael Buble Home for Christmas Special (66 mins)

5:35 Dolly Parton - Christmas at Home (45 mins)

6:20 The Dean Martin & Frank Sinatra Christmas (49 mins)

7:10 Andrea Bocelli & family: The Heart of Christmas (50 mins)

8:00 André Rieu Christmas around the world (89 mins)

9:35 Movie: It's a Wonderful Life (1946); 132 mins

25 CHRISTMAS DAY

WESTMINSTER HOLIDAY
8:30 Go Tell It On the Mountains - Dr Billy Graham
11:00 The Chosen - A Special Christmas Presentation: The Shepherd (28 mins)
11:30 A Baylor Christmas (57 mins)
12:28 The Queen's Christmas at Sandringham (46 mins)
1:15 Movie: The Christmas Candle (2013) 100 mins
2:55 Downton Abbey Christmas special (93 mins)
4:29 Michael Buble Home for Christmas Special (66 mins)
5:35 Dolly Parton - Christmas at Home (45 mins)
6:20 The Dean Martin & Frank Sinatra Christmas (49 mins)
7:10 Andrea Bocelli & family: The Heart of Christmas (50 mins)
8:00 André Rieu Christmas around the world (89 mins)
9:35 Movie: It's a Wonderful Life (1946); 132 mins

26

10:00 Art class w/ Maria-AS
11:00 Life of artist Paul Cezanne in Provence (57 mins)
12:00 Autumn in Vermont (30 mins)
1:00 Wonders of Planet (61 mins)
1:30 Duplicate Bridge-SOL
1:30 Target -Cancelled
2:02 Whispers of the Forest (79 mins)
3:00 Nature Creator Club (flower arranging, plant creations - AS
3:22 ...Montenegro (58 mins)
4:00 Online Spanish w/ Luz
4:22 Best winter destinations to visit in the world (51 mins)
5:15 Old favorites: The Bishop's Wife (1947) 111 mins
7:10 Friday Classic Movie: The Lion in Winter (1968) 135 mins
7:15 Variety piano program by resident, John Hudspeth-SOL

27

10:35 Charles Dickens' David Copperfield (175 mins)
1:30 Fun Board Games with Kay Arms, resident-SOL
2:00 Dominoes-SOL
2:00 Movie: Carnival Night (Russian) 79 mins
4:30 The Carol Burnett Show
5:30 The Jericho - The First City on Earth?
7:00 Movie: The Hill (2023) 127 mins
9:20 The Tonight Show with Johnny Carson

28

10:00 The True Meaning of Christmas - Dr Charles Stanley
10:29 Congregational Community Gospel Music Sing (76 mins)
11:00 Catholic Communion-C
11:40 The God Who... (92 mins)
1:15 Piano program by John Hudspeth, resident
1:45 Movie: The Girl who believes in Miracles (100 mins)
2:00 Play Canasta-SOL
4:00 Vespers Speaker: Rev. Judy Skaggs, retired Presbyterian Pastor & resident-C; Live on Ch 1890
5:00 Jerry Lewis' That's my Boy (99 mins)
6:40 Rick Steves' Naples & Pompeii
7:07 André Rieu - Christmas in London (88 mins)

29

11:00 ...Blizzards (52 mins)
12:00 Movie: Royal New Year's Eve (87 mins)
1:30 Walgreens & Central Market-PL*
2:00 BINGO-SOL
2:00 Sherlock Holmes and the Case of the Silk Stocking (99 mins)
3:40 Period movie: Mesmerized (1985) mins
5:10 Christmas Island (51 mins)
6:02 Singapore NYE (33 mins)
6:35 Disneyland Holiday-The ultimate Foodie Guide (34 mins)
7:10 Lawrence Welk's New Year Show 1974 (55 mins)
7:15 Encore Presentation: The Vanishing of Agatha Christie: by Maggie Gallant, ...-HBH
8:10 Movie: The Holiday (2006) 136 mins

30

9:30 Women's Group with Donuts & Coffee-SOL
9:30 Men's Coffee Group-SOL
10:00 Art class with Linda-AS
11:00 ...Tudors love sugar... (60 mins)
11:00 Lunch Bunch goes to Mian & Bao Asian restaurant-PL*
12:00...Coronation Menu (45 mins)
12:45 Christmas in Biafra... (45 mins)
1:30 Journey...Caucasus (28 mins)
1:30 Paper Crafting w/ Cindi-AS
2:00 Movie: Peace River (135 mins)
2:00 Stitch 'N Time-Arbour 2nd fl
4:15 ...white reindeer (50 mins)
5:05 ...Arctic Circle (90 mins)
6:35 Opera:...Pasquale (110 mins)
7:15 An evening of entertainment with Greg Ensley-HBH
8:30 Movie: Sleepless in Seattle (1993); 105 mins

31

10:00 Tech Help-GR
10:00 Pottery Class-PS
10:30 Poetry Group-T
10:30 Meditation Group-Cancelled
11:00 Rumrunner's... (57 mins)
12:00 Siberia: ... (78 mins)
1:20...Underwater Worlds (67 mins)
1:30 Hand and Foot Game-SOL
2:29...Mr. Bean... & more (96 mins)
3:30 Social Hour-Bistro
4:00 New Zealand, Wines (53 mins)
4:55 St. Barths: ... (55 mins)
5:50 NYE London (39 mins)
6:30 NYE Music - The Maestro & ...Pop Orchestra (40 mins)
7:10 New York Phil. New Year's Eve: Bernstein on Broadway (116 mins)
7:00-9:00 New Year's Eve Party w/ The Hot Texas Swing Band-HBH
9:10 Movie: An Affair to Remember (1959) 119 mins