

# Writers Journal Launches



November 2025

We Did It!

The Power of Gratitude

Welcome New Residents



WESTMINSTER  
COMMUNITY LIFE

## FROM THE EXECUTIVE DIRECTOR



### CHUCK BORST

Tis the season to model gratitude. I believe that we feel grateful to live and work at Westminster. We have beautiful facilities, delicious food, healthcare access, wonderful friendships, and amazing associates. But how often do we stop and process the gifts in our lives? I encourage us to do that this month. Write them down, say them out loud, pray, or meditate. Expressing our appreciation stabilizes our moods and nurtures our relationships.

I am grateful to this year's Alzheimer's Texas committee that hit fundraising out of the park. The Silent Auction was full of fun items, and coupled with the first-ever Live Auction, raising \$10,256. Overall, we raised \$84,584.33 to help find cures for the disease and support caregivers.

**When you see the committee members around the community, please give them a pat on the back.**

**Tessa Cannon (G&A)**

**Liz Neihart (G&A)**

**Yari Gonzalez (RHS)**

**Maribel Reyna (Security)**

**Bryson Bertelson (Plant)**

**Owen Mason (EVS)**

**Cheyenne Turks (F&B)**

**Steven Wojcik (F&B)**

**Sarrah Whitehead (HCC)**

**Brooks Eastman (AL)**

### **Chairs:**

**Jordan Bleecker (G&A) & Wendy Gordan (G&A)**

# Gratitude is the Word

## We're Counting Our Blessings All Month Long

Thank you also to Wendy Gordan and Westminster board members who attended the Martha Gooding Foundation for Compassionate Nursing Foundation golf tournament in October. The foundation provides scholarships for nursing students at The University of Texas and Austin Community College. Westminster contributes to the foundation to support nursing education and patient-centered care.



Board members (l-r) Paul Hilgers, Richard Luevano, Nick Moore pose with scholarship recipient Mary Semakula



# Another Successful Silent Auction for Alzheimer's Texas



## Mayor Kirk Watson visits Westminster



MARK YOUR CALENDAR

**Nov. 11 Veteran's Day Celebration  
10:30 | Harris Bell Hall**

Join Retired Colonel James Closmann, son of residents, Phil & Madeline Closmann, and current professor of surgery at the University of Colorado Medical Center and School of Dental Medicine, for his presentation: *A Military Career and the World Events that Helped to Shape It.*

# Writers Journal Launch Party



# Museo Benini in Marble Falls



## Dancing Swing



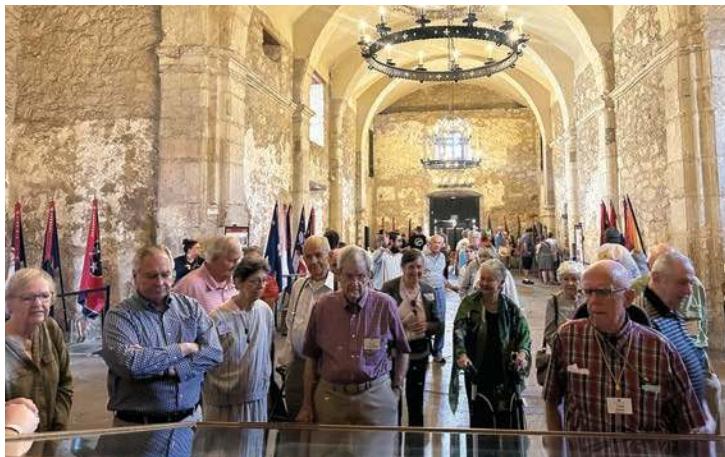
# Century Club Party



# Downton Abbey The Grand Finale



# Alamo and Casa Rio



# First Light Books



# Antique Car Show



# Welcome New Residents

## September 2025

### GERALD CASON, APT. 4018

Hometown: Dallas, TX

Lifework: Educational psychology; consultant

Hobbies: Reading, touring

Places Traveled to: All US states except Hawaii, Mexico, South American, Antarctica, Australia, Greece, Europe, Canada, UK

Military Service: Texas Army National Guard, US Marine Corps Reserve – 1957-1964

### CAROLYN CASON, APT. 4018

Hometown: Seguin, TX

Lifework: University faculty/administrator, nursing (scientist-researcher), teacher

Hobbies: Fishing, gardening, reading

Places Traveled to: All US states except Hawaii, Antarctica, Scandinavia, Europe, Puerto Rico, UK, Spain, Greece, Japan, China, South Korea, Taiwan, Australia, Mexico, South America, Canada

Games: Cards, dominoes, 42, Moon

### BILL LEY, APT. 3008

Hometown: Austin, TX

Lifework: Trial lawyer, real estate broker

Hobbies: Travel in north America, computers, and

most recently rearranging furniture

Places Traveled: All states and Canadian provinces, except Kansas and Newfoundland

Games: Too dyslexic for cards. Dominoes, maybe!

Volunteer Work: American Cancer Society, COA Bicentennial Commission, Pro Bono legal work

### MARY LEY, APT. 3008

Hometown: Austin, TX

Lifework: Jungian psychoanalyst; part own Field Guides international birding tour company; Asst. Director Public Relations KLRU; Willie Nelson movie production assistant

Hobbies: Art, antiques, travel, reading, internet

Places Traveled to: Italy, Spain, England, France, Portugal, Hungary, Romania, Russia, Mexico, Jamaica, Canada, Scotland, Egypt, Galapagos, Czechoslovakia, and Guatemala

Games: Looking forward to learning some – not Bridge

Membership of Any Organizations: International Society of Jungian Analysts, Texas Seminar

Volunteer Work: City of Austin Bicentennial Commission - Planning Commission, Art Commission; art therapy for abused and neglected children

Any Other Special Interests or Accomplishments: As a member of the Austin City Planning Commission – substantially responsible for the Aquifer, Tree and Landscape Ordinances; politics

## **JOAN JUDGE, APT. 317**

Hometown: Austin, TX

Lifework: Estate & gift tax attorney

Hobbies: Gardening & reading

Places Traveled to: Scandinavia, Norway, Japan, all of Europe, Mexico, Turkey, all of US

Games: Dominoes & 42

Membership of Any Organizations: Austin Herb Society

Children & Grandchildren: 4 children & 7 grandchildren

Any Other Special Interests or Accomplishments: Democratic party, formerly Bar Association and other business associations

## **CAROL MARTIN, APT. 5028**

Hometown: Dallas, TX

Lifework: Austin Public Library & Harcourt Publishing

Hobbies: Reading, film festivals

Places Traveled to: Europe, Panama, Ecuador, Argentina, Patagonia, Uruguay, Japan, New Zealand

Membership of Any Organizations: Austin Rowing Club, League of Women Voters

Volunteer Work: Meals on Wheels, SAFE

## **SAM MARTIN, APT. 5028**

Hometown: Richardson, TX

Lifework: State government agencies

Hobbies: Reading, genealogy, film festivals

Places Traveled to: Europe, South America, Japan, Vietnam, New Zealand

Musical Instrument: Previously piano and trombone

Membership of Any Organizations: Austin Rowing

Club, Austin Film Society, YMCA

Military Service: US Army, 1969-1971

Volunteer Work: Meals on Wheels, Foundation Communities

## **LEE ARNOLD, APT. 301**

Hometown: Austin, TX

Lifework: Physician (general practice)

Hobbies: Gun collecting, outdoors, watching TV, hunting, fishing

Places Traveled to: California, Minnesota, Michigan, Colorado, New Mexico, Bahamas

Games: Gin, 42

Military Service: Navy, 1963-1966

Children & Grandchildren: 2 children, 3 grandchildren & 1 great-grandchild

Any Other Special Interests or Accomplishments: Knowledge of vintage and antique firearms, knowledge of cars

## **ERNIE BOGART, APT. 6 (NOT-IN-HOUSE)**

Hometown: Elgin, TX, but born in Taylor, TX

Lifework: Civil trial attorney, father

Hobbies: Gardening, chicken and egg farming, hunting and fishing, acting, and I'm learning to paint

Places Traveled to: Vietnam, other locations within the USA, Japan, Puerto Rico, France, Greece, Alaska, Beliz & British Virgin Islands

Games: Dominoes, 42, some old card games – but it's been a while

Musical Instrument: Kazoo

Membership of Any Organizations: Lost Pines Art League, Elgin COC, Democratic party, Texas Bar Association



Military Service: Army, 1967-1968

Volunteer Work: Advocacy outreach, Presbyterian church, Bastrop County Bar Association

Children & Grandchildren: 2 children & 2 grandchildren

Any Other Special Interests or Accomplishments: They are in older eras: I was most worthy Elgin citizen in 1994; Shriner worthy community member 199?, Head of Main St. Board, President of this and that

## October 2025

### ANITA JANAY, APT. 357

Hometown: Alton, IL

Lifework: Nurse

Hobbies: Dancing, swimming, Mahjong, Canasta, bunko

Places Traveled to: Europe, Canada, all over the US, Mexico, Asia; lived in Saudi Arabia for 6 years

Games: Dominoes, Canasta

Membership of Any Organizations: PEO, bible study

Children & Grandchildren: 1 son & 1 granddaughter

### BEVERLY ROSS, APT. 3323 (NOT-IN-HOUSE)

Hometown: Austin, TX

Lifework: Healthcare Administrator

Hobbies: Golf, skiing (previously), spectator sports, reading

Places Traveled to: Europe, Canada, USA

### WAYNE REBHORN, APT. 503

Hometown: Philadelphia

Lifework: Professor of England & Corporate Literature at UT

Hobbies: Reading literature, history, listening to classical music, opera, theater, walking for exercise, watching good TV

Places Traveled to: All of western Europe, plus Russia, Egypt, Morocco, China, Japan and India

Games: Bridge

Children & Grandchildren: 2 children & 5 grandchildren

Any Other Special Interests or Accomplishments: Translator, Machiavelli, More's Utopia, PEN Center USA Prize

### ANNE ELLZEY, APT. 470

Hometown: Austin, TX

Lifework: Lawyer for federal sector; labor union NTEU for over 32 years

Hobbies: Travel, dog agility, spending time with friends and family, knitting, baking

Places Traveled to: Morocco, Turkey, Europe, Chili, Ecuador, Nicaragua, Mexico, Costa Rica, Caribbean, Argentina, Guatemala, various UT states, crossed the Atlantic on QE2, Canada

Games: Yes

Membership of Any Organizations: Knitting groups

Volunteer Work: Coordinator for Knitting Knockers in Austin, leg work for immigrants

Children & Grandchildren: 0, but hoping for honorary grandchildren

Any Other Special Interests or Accomplishments: Knitting gifts and baking cookies for my friends and family

## Dining

### LAUREL DINING ROOM:

\*To-go service only during construction\*  
Lunch 11:00 A.M.-2:00 P.M.  
Dinner 4:00-7:00 P.M.  
Call (512) 600-7332 to order.  
Delivery & pick-up in room #227

### BISTRO:

7:00 A.M. - 8:00 P.M.  
Delivery & pick-up available 7:00 A.M. - 4:00 P.M. Call (512) 600-7369 to order.

### ROWAN DINING ROOM:

\*No pick-up or delivery orders\*  
11 A.M. - 3:00 P.M.  
Reservations: (512) 454-4711 ext. 2243

### TREE LOUNGE:

Bar: 1:00 P.M. - 9:00 P.M.  
Dinner: 4:00 P.M. - 8:00 P.M.

*Daily Chef Specials are posted on the Westminster Portal or ask your server.*

During our Completion Phase, there will be temporary changes to our dining hours. Refer to the Expansion tab on the resident portal for up to date info.

## Transportation

Sign up for the activity trips on the Resident Portal. In addition, we provide transportation to scheduled doctor appointments and to grocery stores.

## Little Store

MON - FRI 9:30 A.M. - 3:30 P.M.

*Closed daily from 1:30 to 2:00 pm*

## Business Center

Business Center and Library are accessible 24-hours a day with black key fob.

## Wellness Clinic

MON - FRI

8:30 A.M.-12:30 P.M. & 1:30 PM-5 P.M.

Appointments are preferred. Call (512) 323-2395, you may leave a message. Please let us know the nature of your complaint so we may know best how to assist.

# Operation Blue Santa 2025



2024 Operation Blue Santa at Zilker Park. Photo credit @austinpoliceobs

## Westminster will be collecting toy donations for Blue Santa!

Operation Blue Santa began in 1972 providing a meal and toys to 20 families in need. This year Blue Santa expects to serve around 8,000 families providing toys and food to around 18,000 children through their services. This is made possible by generous donations from civic organizations, businesses, individuals and groups.

**Donations can be dropped off in any lobby from November 3rd- 28th**

**Donations should be new unwrapped toys.**

**Toys for Ages 1-2 and 8-14 are most needed.**

# The Power of Gratitude: A Gift That Keeps Giving

As the autumn leaves fall and Thanksgiving approaches, November invites us to reflect on the blessings in our lives. But did you know that practicing gratitude isn't just a seasonal tradition—it's a powerful tool for lifelong well-being?

## What Is Gratitude?

Gratitude is more than saying "thank you." It's a mindset—a way of noticing and appreciating the good in our lives, whether it's a warm cup of coffee, a kind word from a friend, or the beauty of a sunset.

### Backed by Science: Gratitude and Your Health

Researchers have found that regularly practicing gratitude can lead to:

- ✓ Better Sleep: People who keep gratitude journals sleep longer and feel more refreshed.
- ✓ Improved Heart Health: Gratitude is linked to lower blood pressure and reduced risk of heart disease.
- ✓ Stronger Immune System: Positive emotions like gratitude can boost your body's defenses.
- ✓ Less Stress and Depression: Focusing on what's good helps shift attention away from worries and regrets.
- ✓ Sharper Brain Function: Gratitude may improve memory and cognitive function, especially in older adults.

## Easy Ways to Practice Gratitude

You don't need fancy tools or lots of time. Try these simple ideas:

- ✓ Gratitude Journal: Write down three things you're thankful for each day.
- ✓ Thank You Notes: Send a card or message to someone who made a difference in your life.
- ✓ Gratitude Walks: Take a stroll and notice things that bring you joy—birdsong, fresh air, friendly faces.
- ✓ Reflection Time: Before bed, think of one good thing that happened that day.

Gratitude doesn't mean ignoring life's challenges. It means choosing to see the light even in difficult times. And the more we practice, the easier it becomes to find that light.

This November, let's embrace gratitude not just as a holiday tradition, but as a daily habit. It's free, it's healing, and it's one of the most powerful gifts we can give ourselves.



# Weekly Workouts

Ready to get fit? We've made some changes to our schedule.

## MONDAY

8:30am Walking Group Depart from PL  
9:00am - 9:30am Chair Exercise Resident Led (FS)  
9:30am - 10:00am Beginner Pilates Angie  
10:05am-10:35am Gentle Yoga - Angie  
10:30am - 10:50am Balance Ballet Virginia (Apt 14)  
11:15am - 12:00pm Functional Fitness Nadine (FS)  
11:15am-12:00pm Aqua Fit Jade (Pool)  
12:00pm-12:45pm Chair Yoga & Meditation Nadine (FS)

## TUESDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)  
9:30am - 10:15am Interval Training Angie (FS)  
10:30am - 11:15am Yoga Angie (FS)  
11:30am-12:15pm Just for Men (Strength Training) Jade (FS)  
12:15pm-1:00pm Strength & Stretch Jade  
1:00pm - 2:00pm Fitness for Movement Disorders w/Summer (FS)

## WEDNESDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)  
9:30am - 10:15am Balance & Cardio Blast Angie (FS)  
10:30am - 10:50am Balance Ballet Virginia (Apt 14)  
10:35am - 11:20am Just For Men Jade (for Lynn) (FS)  
11:15am-12:00pm Aqua Fit Jade (Pool)  
11:30am-12:15pm More Core on the Floor Angie (FS)  
1:00pm - 2:00pm Parkinson's - 3rd Wed Tammis (Chapel)

## THURSDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)  
9:30am - 10:15am Interval Training Angie (FS)  
10:30am - 11:15am Yoga Angie (FS)  
11:15am-12:00pm Aqua Fit Jade (Pool)  
12:15pm-1:00pm Strength & Stretch Jade  
1:00pm - 2:00pm Fitness for Movement Disorders w/Robin (FS)

## FRIDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)  
9:30am - 10:00am Beginner Pilates Angie  
10:05am-10:35am Gentle Yoga Angie  
10:40am-11:10am Core on the Floor Angie (FS)  
11:15am-12:00pm Aqua Fit Jade (Pool)

## SATURDAY

9:00am - 9:30am Chair Exercise Resident Led (FS)

### PLEASE NOTE:

11/3 - Functional Fitness will be a special demo class day and Chair Yoga will be subbed by Angie

\*All classes on Thanksgiving Day are canceled

FS = Fitness Studio  
PL = Preston Lobby

## NOVEMBER EVENT HIGHLIGHTS

Dates & times subject to change, check weekly calendars for up-to-date info.

### NOVEMBER 3 @7:15 P.M.

#### LIVE MUSIC: MATT ZELENIN

**Harris Bell Hall** - Join us for an evening of jazz with popular singer and pianist, Matt Zelenin

### NOVEMBER 4 @9:00 A.M.

#### OUTING: COMMUNITY FIRST! VILLAGE

Sign up on the **Resident Portal** for a guided tour of Austin's Community First! Village



### NOVEMBER 13 @7:15 P.M.

#### CELEBRATION: EARLY THANKSGIVING PARTY

**Harris Bell Hall** - Dance the night away with The Defibrillators



### NOVEMBER 24 @7:15 P.M.

#### CELEBRATION SING SING SING!

**Harris Bell Hall** - Thanksgiving themed resident singalong

### NOVEMBER 28 @6:30 P.M.

#### TAILGATE PARTY: UT VS TEXAS A & M

**Harris Bell Hall** - Throw on your jersey and come cheer on your favorite Texas football team!

### NOVEMBER 21 @11:00 A.M.

#### LUNCH EVENT: HOLIDAY SHOW & SALE

**Harris Bell Hall** - Grab your ticket for the holiday style show, sale and lunch

## MORE TO OFFER

Check the resident portal for the full calendar and amenity schedule.



Follow us on Facebook for events and more!





# November

## 1-15

### BIRTHDAY LIST

#### Independent Living

DATE	NAME	APT #
2	Jeanette O'Dell	4024
3	Phyllis Waddle	214
7	Andrea Magnus	250
8	Julia "Judy" Newton	9
9	Sara Jo Thompson (NIH)	137
10	Nancy Rowland	4016
10	Phyllis Tate	306
11	Anne Donovan	363
11	Jeffrey Walker	C411
11	Mary Bohls	228
12	Sherry Smith	431
14	Michele Gallman	20
14	Ronald Turner	111

#### Arbour & Assisted Living

DATE	NAME	APT #
1	Thomas "Richard" Graham	C210
4	Janie Flack	CA318
9	Charles Meyer	2232
9	Dorothy Brown	2229
10	Janet Schenker	2254
11	Gary Libman	MC236

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

### WESTMINSTER SCHEDULE

This calendar lists all trips and activities scheduled in person and on Ch 1890 (unless otherwise noted)

\*Indicates that sign-up on the portal is required

\*\*Indicates that ticket and sign-up on the portal is required

### Location Key

**HBH** Harris Bell Hall

**LDR** Laurel Dining Room

**PL** Preston Lobby

**PS** Pottery Studio

**C** Chapel

**PC** Preston Courtyard

**SOL** Solarium

**GR** Game Room

**WC** Windsor Courtyard

**B** Bistro

**ME** Marketing Entrance

**FC** Fitness Center

**T** Theater

**AS** Art Studio

10:00 When we feel frustrated-Dr Charles Stanley	2	11:00 Concert by The Silver Strings-HBH	3	9:00 Guided tour of Community First! Village-PL*	4	9:00 Guided tour Taylor, TX-PL*	5	10:00 Art class w/ Sue-AS	6	10:00 Art class w/ Maria-AS	7	10:35 Turning Points....WWII (198 mins)
10:30 Old Favorites Gospel Hymn Singing (63 mins)		11:00 Ray Mears' Northern Wilderness: Part I (58 mins)		9:30 Women's Group with Donuts & Coffee-SOL		10:00 Pottery Class-PS		10:30 Fit Minds-C		10:00 Westminster Veterans Group meeting-SOL		11:00 Tailgate Party- UT vs Vanderbilt - HBH
11:00 Catholic Communion Service-C		11:15-12:15 Special Demo Class with Nadine-FS		9:30 Men's Coffee Group-SOL		10:00 Tech Help-GR		11:00 Lunch Bunch goes to Oasis on Lake Travis-PL*		11:00 Board Games w/ Kay Arms, resident-SOL		1:30 Movie: The Four Beast Guardians (Japanese) 141 mins
11:35 Billy: The Early Years of Billy Graham (86 mins)		12:00 Movie: Unfinished Sky (94 mins)		10:00 Art class with Linda-AS		10:30 Poetry Group-T		11:00 How farming had to adapt to the air raid		1:30 The Carol Burnett Show		2:00 Movie: The Hapsburg Empire... R-Rated; 95 mins
1:05 Movie: Indescribable (2013) 98 mins		1:30 Walgreens & Central Market-PL*		10:00 Woodworking w/ Gus-Ground floor Preston		10:30 Meditation Group w/ Patty-C		12:00 Stories of Spanish Art:... (59 mins)		1:30 The Hapsburg Empire		7:00 Movie: The Duke (2020); R-Rated; 95 mins
2:00 Play Canasta-SOL		3:00 Book Club-Great Novels of the 19th Century-T		11:00 Jane Goodall:... (91 mins)		11:00 The massacred French village...1944 (56 mins)		1:00 Mahjong Group-GR		1:30 Walmart-PL*		8:50 The Tonight Show with Johnny Carson
4:00 Vespers: Speaker: Rev. Herb Moffett, Westminster Chaplain-C; Live on Ch 1890		3:35 Louisa May Alcott's Inheritance (95 mins)		12:32 ...Royals eat... (44 mins)		12:00 Vietnam War Stories (57 mins)		1:00 ...Polar Vortex (54 mins)		2:15 The Last Eden - Predators of Kafue National Park (63 mins)		10:35 Movie: The Hiding Place (147 mins)
5:00 Bob Hope's Give Me A Sailor (78 mins)		5:10 ...The Yellow Sahara (53 mins)		1:20 ...London...The Blitz (52 mins)		1:00 Bridge Group-GR*		2:00 Mexican Train-SOL		3:20 Wonders of Egypt (58 mins)		11:00 Investment Club: Speaker: Lee Price, resident-SOL
6:30 Rick Steves' Paris, Regal and Intimate		6:00 UT Women's Basketball-PL**		1:30 Paper Crafting w/ Cindi -AS		2:05 Tiny but Tough... (50 mins)		2:30 Discussion Group-Topic: Education-C		4:20 Saudi Arabia - Travel documentary (43 mins)		11:15 MetOpera's La Bohème at Regal Metropolitan (3.30 hrs) -PL*
7:00 André Rieu live in Malta (67 mins)		6:05 Journey ... Sicily (45 mins)		2:00 Stitch 'N Time- Arbour 2nd Fl		3:00 Movie: The Andrew Sisters in Private Buckaroo (68 mins)		3:00 Elegance and Decadence: The Age of the Regency - Part I		5:05 Old favorites: Junior Miss (1945) 95 mins		1:30 Fun Board Games with Kay Arms, resident-SOL
8:00 Dealing with Anxieties - Dr Charles Stanley	9	6:50 Australia's giant Rock Lobsters!! (22 mins)		3:00 Interfaith Book Group-C		3:30 Social Hour-Bistro		3:50 Town & Gown Club-PL**		5:30 The Carol Burnett Show		2:00 Dominoes-SOL
8:30 Walking Group-Butler Park at Ladybird Lake-PL*		7:15 An evening of jazz with popular singer and pianist, Matt Zelenin-HBH		4:45 Breathtaking Iceland... (45 mins)		4:10 Monterrei: A Wine... (49 mins)		4:00...Rhodes vacation (52 mins)		5:30 Old favorites: The Glory of Baroque		2:00 Movie: Ai Margini Della Metropoli (Italian) 86 mins
10:30 Hymn Sing (58 mins)		7:15 Lawrence Welk Show - Those Were the Days from 1975 (58 mins)		5:30 Bologna, Italy (25 mins)		5:00 The Rhine... (53 mins)		4:55 ...Luxury Med. Cruise (46 mins)		7:00 Movie: Book Club: The Next Chapter (2023) 107 mins		3:30 Unitarian Service-C
11:00 Catholic Communion Service-C		8:20 Movie: Annie Hall (1977); 93 mins		5:55 Morocco... (55 mins)		5:55 Wonders of Norway (53 mins)		5:30 Town & Gown Club-PL**		8:55 The Tonight Show with Johnny Carson		4:30 The Carol Burnett Show
11:30 D.L. Moody (52 mins)		8:20 Movie: Platoon (1986); R-Rated; 120 mins		6:50 Porto...Food Tour (38 mins)		6:50 Porto...Food Tour (38 mins)		5:45 ...Azerbaijan... (42 mins)		10:35 Movie: The Dollmaker (1984) 144 mins		5:30 The Hapsburg Empire: The Glory of Baroque
12:30 Piano music by John Hudspeth, resident		8:30 Movie: Reds (1981) 195 mins		7:15 Everything...about hips and knees: by Dr Méghpala of Austin Sports Medicine-HBH		7:30 Kenny, Dolly and Willie: Something Inside... (47 mins)		6:30 The Art of Piano (106 mins)		10:00 Art class w/ Maria-AS		10:35 Movie: The Hiding Place (147 mins)
1:00 Movie: Return to the Hiding Place (2013) 112 mins		8:40 Movie: Platoon (1986); R-Rated; 120 mins		7:15 Dance & Music Night with Gail & The Geezers Band.-HBH		8:20 Movie: Anchors Aweigh (1945) 140 mins		7:15 Entertainment with Song & Dance Man, Jerry Conn (resident) & Jazz Pianist, Walter Tibbitts-HBH		10:00-12:00 Westminster Resident Portal Workshop-HBH		1:30 Fun Board Games with Kay Arms, resident-SOL
2:00 Play Canasta-SOL		8:50 Movie: The English Patient (1996); R-Rated; 142 mins		8:40 Movie: Reds (1981) 195 mins		8:20 Movie: Reds (1981) 195 mins		8:00 Movie: Friday Classic Movie: The Best Years of our Lives (1946) 168 mins		11:00 Exhibition on Screen: Rembrandt (49 mins)		2:00 Dominoes-SOL
4:00 Vespers: Speaker: Rev. Tom Tickner -C; Live on Ch 1890		9:00 Dealing with Anxieties - Dr Charles Stanley	10	9:30 Women's Group with Donuts & Coffee-SOL		9:00 Tech Help-GR		9:00 Visit the World's First Military Museum, Buda-PL*		11:55 New England... (35 mins)		2:00 Movie: Look Who's Back- Er ist Weider Da (German) 117 mins
5:00 Bob Hope's Caught in the Draft (82 mins)		9:30 Walking Group-Butler Park at Ladybird Lake-PL*		9:30 Men's Coffee Group-SOL		10:30 Poetry Group-T		10:00 Art class w/ Sue-AS		1:00 Rick Steves' Poland (60 mins)		TBA Watch the game in the HBH. Bring your own snacks & beverages. UT vs Georgia-HBH
6:30 Rick Steves' Lisbon and the Algarve		11:00 Ray Mears' Northern Wilderness: Part II (58 mins)		10:00 Art class with Linda-AS		10:30 Meditation Group w/ Patty-C		10:30 Fit Minds-C		1:30 Trader Joe's-PL*		4:30 The Carol Burnett Show
7:00 The Mountbatten Festival of Music 2025 - The Bands of HM Royal Marines (128 mins)		12:00 Movie: The Veteran (89 mins)		10:30 Veterans Day Ceremony-Speaker: Dr James Clossman, Retired Colonel, US Army ...HBH		11:00 ...Iraq: Fallujah (54 mins)		11:00 How food...Wartime Britain		1:30 Duplicate Bridge-SOL		5:30 The Fall of The Habsburgs
8:00 Dealing with Anxieties - Dr Charles Stanley		1:30 Walgreens & Central Market-PL*		11:00 Jane Goodall: The Hope (89 mins)		11:55 The secret life of a WW2 spy (51 mins)		12:00 John Minton ... (60 mins)		1:30 Health Rhythms-Drumming Class-HBH		6:45 Jazz at Lincoln Center-Hogg Memorial Hall-PL**
8:30 Walking Group-Butler Park at Ladybird Lake-PL*		2:00 BINGO-SOL		12:45 Prince Philip:... (48 mins)		12:50 ...Coral Reefs (52 mins)		1:00 ...Droughts (52 mins)		2:00 David Attenborough's Incredible Animals (60 mins)		7:00 Movie: Greyhound; (2029); 91 mins
10:30 Hymn Sing (58 mins)		2:00 Discussion Group: Speaker: Jim Woodrick, resident on, Making the Energy Transition from fossil fuels to clean energy-HBH		1:30 Medication Management program: by Halcyon-SOL		1:30 Hand and Foot Game-SOL		2:30 Discussion Group-Topic: Curiosity-C		3:00 Nature Creator Club (flower arranging, plant creations - AS		8:45 The Tonight Show with Johnny Carson
11:00 Catholic Communion Service-C		2:00 Care Partner Support Group-Rachel's office (Apt 336)		1:30 Paper Crafting w/ Cindi-AS		1:40 Table Tennis for Seniors at the Austin Table Tennis Club-PL*		3:00 Elegance and Decadence: The Age of the Regency-Part II (59 mins)		3:00 ...New Zealand (69 mins)		
11:30 D.L. Moody (52 mins)		2:00 Sherlock Holmes... (108 mins)		1:35 Royal Recipes: War and Strife (44 mins)		1:45 Wild Yellowstone - Ruthless predators and... (78 mins)		4:00 Zoom Armchair Astronomer Ken VanLew presents: Rainbow Curiosities: ...		3:30 Voice Lessons by Dr. Liliana Guerrero, Assistant Professor of Voice, ... UT Austin-HBH		
12:30 Piano music by John Hudspeth, resident		3:50 Jane Austen's Mansfield Park (93 mins)		2:00 Stitch 'N Time-Arbour 2nd Fl		3:05 Gomer Pyle USMC (76 mins)		4:00 Travel-Cuba... (52 mins)		4:10 Qatar Travel doc. (39 mins)		
1:00 Movie: Return to the Hiding Place (2013) 112 mins		5:25 ...The Pink Wadi Rum (53 mins)		2:00 Book Group by APL: Cleopatra by Stacy Schiff-T		3:30 Social Hour-Bistro		4:45 Rovos Rail - Pride of Africa (43 mins)		5:00 Old Favorites: At War with the Army (92 mins)		
2:00 Play Canasta-SOL		6:00 UT Women's Basketball-PL**		2:20 Movie: Pentagon Wars (1998) 104 mins		4:25 Bordeaux France - ...iconic wine region! (58 mins)		5:40 100 places...Europe (69 mins)		7:00 Friday Movie: Judgment at Nuremberg (1961) 186 mins		
4:00 Vespers: Speaker: Rev. Tom Tickner -C; Live on Ch 1890		6:20 Street food in Rome (27 mins)		4:05 Poland: The								



# November

## 16-30

### BIRTHDAY LIST

#### Independent Living

DATE	NAME	APT #
17	Eli Cox	1007
17	Joseph Youman	18
18	Nancy Collins	463

#### Gail Ross

19	Mary Kormendy	507
20	Anthony Orum	469

#### Janet Maxon

20	Janet Maxon	445
20	Linda Prentice	1005

#### Linda Prentice

21	Carlene Jenkins	C408
21	Susan Orum	469

#### Carl Jenkins

22	Catherine Renner	522
22	Mary Lea Baker	518

#### Mary Lea Baker

23	Hank Pearson	5032
23	Melanie Lewis	C406

#### Melanie Lewis

24	Bernard McIntyre	349
24	Peter Rodrigues	201

#### Peter Rodrigues

25	Susan Antoniewicz	447
26	Hilda Vazquez	321

#### Hilda Vazquez

26	Kay Brumley	4031
27	Sue Wilson	432

#### Sue Wilson

28	Helen Hooper	108
29	Ian Turpin (NIH)	457

#### Ian Turpin (NIH)

29	Robert Liverman	C515
30	Arbour & Assisted Living	

#### Arbour & Assisted Living

DATE	NAME	APT #
19	William Miller	2233

#### William Miller

22	Maryjane Perry	2235
24	Boyd Taylor	CA327

#### Boyd Taylor

28	Mary Jo Kennard	MC235
30	Ernest Dean Jr.	2259

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

16

10:00 He will show you  
His will - Dr Charles Stanley  
10:30 Gaither Vocal Band 2025  
(90 mins)  
11:00 Catholic Communion  
Service-C

12:00 Born Again:... (60 mins)  
1:00 Austin Opera's Celebrate  
Opera! - PL\*\*  
1:00 Movie: Lifemark (106 mins)  
2:00 Play Canasta-SOL  
4:00 Vespers: Speaker: Rev. Ann  
Brizendine -C; Live on Ch 1890  
5:00 Bob Hope's Never Say Die  
(82 mins)  
6:15 Free Concert by Masterworks  
Singers at St Theresa of Lisieux  
Catholic Church-PL\*

6:30 Rick Steves' Little Europe-  
Five Micro Countries

7:00 Premiere of American  
Revolution: by Ken Burns, Sarah  
Botstein & David Schmidt-SOL

7:00 YouTube Symphony  
Orchestra 2011 Grand Finale  
(143 mins)

17

8:30 Tour of NIMITZ Museum,  
Fredericksburg - PL\*  
11:00 Ray Mears' Northern  
Wilderness: Part III (58 mins)  
12:00 Movie: Falling for Vermont  
(2017) 86 mins  
1:30 Walgreens & Central Market-PL\*

2:00 Online Food Ordering demo by  
residents, Leon Fainbuch & Isabel  
Van Horn-C  
2:00 BINGO-SOL  
2:00 Writing Group-T  
2:00 Sherlock Holmes ... (86 mins)  
3:30 Jane Austen's Northanger Abbey  
(94 mins)  
4:00 Armchair Astronomer Ken  
VanLew presents: Rainbow  
Curiosities: Surprises in the Sky-C  
5:05 ...Red Colorado Plateau (53 mins)  
6:00 Journey Through China's Cities  
(61 mins)  
7:05 Street food Vietnam (22 mins)  
7:15 Texas Rangers - A Century of  
Frontier Defense: Presentation by Jim  
Woodrick, resident-HBH

7:30 Lawrence Welk Thanksgiving...  
8:30 Movie: Woman in Gold (2015)  
109 mins

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9:30 Women's Group with  
Donuts & Coffee-SOL  
9:30 Men's Coffee Group-SOL  
10:00 Art class with Linda-AS  
10:00-1:00 Westminster's Craft  
Show-HBH

11:00 Jane Goodall: Study of  
Chimpanzees (57 mins)  
12:00 Royal Recipes: ... (44 mins)  
12:45 Queen Elizabeth... (81 mins)  
1:30 Paper Crafting / Cindi-AS  
2:05 Movie: Used People (1992)  
117 mins  
2:00 Stitch 'N Time-Arbour 2nd Fl

3:00 Presbyterian Fellowship-SOL  
3:00 Episcopal Service - C  
3:00 Listening Session: . David's  
Episcopal Church ...C

4:05 Martinique, France... (44 mins)  
4:50 Poland...Warsaw (42 mins)  
5:33 The Last Paradise... (51 mins)  
6:25 Ballet: Swan Lake (120 mins)  
7:15 Concert by the Austin Flute  
Choir-HBH

8:30 Movie: Thirteen Days (2000)  
145 mins

19

10:00 Tech Help-GR  
10:00 Pottery Class-PS  
10:30 Poetry Group-T  
10:30 Meditation Group w/ Patty-C  
11:00...WWII POW... (58 mins)  
12:15 William King Hale... (58 mins)  
1:00 Parkinson's Support Group-C

1:00 Bridge Group-GR\*  
1:15 Biodiversity in the British Isles  
(88 mins)  
1:30 Hand and Foot Game-SOL  
2:00 CHUCK CHAT-HBH  
2:45 MASH (48 mins)  
3:35 Dean Martin & Jerry Lewis in  
At war with the Army (93 mins)  
3:30 Social Hour-Bistro

5:10 ...Toro Wine's... (69 mins)  
6:00 UT Women's Basketball-PL\*\*  
6:20 The Rhine... (53 mins)  
7:25 Barbra Streisand - A  
happening at Central Park (54 mins)  
7:15 Parkinson's Disease and  
Movement Disorders: by Dr David  
Morledge, Neurologist-HBH

8:25 Movie Thirteen Days (2000)  
145 mins  
7:15 Chamber music recital  
featuring students from Butler  
School of Music, UT Austin-HBH  
8:10 Musical Movie: South  
Pacific (1958) 157 mins

20

10:00 Art class w/ Sue-AS  
10:30 Fit Minds-C  
11:00 The WW2 women...  
12:00 BIRTHDAY LUNCHEON  
(November birthdays) - HBH  
12:00 .Baroque Art... (59 mins)  
1:00 Mahjong Group-GR

1:00 ...Yornadoes (52 mins)  
2:00 Mexican Train-SOL  
2:00 Elephants of Africa & Asia  
(53 mins)  
2:30 Discussion Group: Time-C  
3:00 Elegance and Decadence:  
The Age of the Regency - Part III  
(59 mins)  
4:00 Travel Macedonia (52 mins)  
4:55 ...Railway Journeys Mexico's  
Copper Canyon (44 mins)  
5:30 LBJ Lecture-PL\*\*  
5:40 Istanbul: ... (53 mins)  
6:35 A World Without Beethoven?  
(87 mins)  
7:15 Chamber music recital  
featuring students from Butler  
School of Music, UT Austin-HBH

8:10 Austin Symphony-PL\*\*  
7:00 Friday Classic Movie: The  
Dirty Dozen (1967) 150 mins  
7:15 Variety piano program by  
resident, John Hudspeth-SOL

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8:30 Informal Women's  
Breakfast-Bistro  
10:00 Art class w/ Maria-AS  
11:00-1:00 Holiday Style Show  
& Sale; And Lunch (Ticket holders  
only)-HBH  
11:00 Matisse:... (49 mins)  
12:00 Autumn in VT (30 mins)  
12:30 Academy4 Mentoring at  
Padron Elementary School-PL\*\*  
1:00 Rick Steves' Europe: A  
Symphonic Journey (60 mins)  
1:30 Duplicate Bridge-SOL  
1:30 Barton Creek Mall-PL\*

2:00 ...Ocean World (69 mins)  
3:10 ...Himalayas (62 mins)  
3:30 Voice Lessons by Dr. Liliana  
Guerrero, Assistant Professor of  
Voice, UT Austin-HBH  
4:00 Shabbat Songs & Lessons-C  
4:00 Online Spanish class w/ Luz  
4:15 Iran - Travel doc. (39 mins)  
5:00 Old favorites: Petticoat  
Junction (97 mins)  
7:00 Austin Symphony-PL\*\*  
7:00 Friday Classic Movie: The  
Dirty Dozen (1967) 150 mins  
7:15 Variety piano program by  
resident, John Hudspeth-SOL

2:00 Movie: Taste of Home  
(Chinese) 94 mins

4:50 The Carol Burnett Show  
5:30 The Fall of the House of  
Habsburg - 1848-1918: A  
View of an Age  
7:00 Movie: Jackie (2016);  
R-Rated; 100 mins  
8:55 The Tonight Show with  
Johnny Carson

22

10:35 WW2 In Color: The key  
moments of the Second World  
War (203 mins)  
11:15 MetOpera's Arabella at  
Regal Metropolitan (4.1 hrs)  
-PL\*

1:30 Fun Board Games with  
Kay Arms, resident-SOL  
2:00 Dominoes-SOL  
TBA Tailgate Party- UT vs  
Arkansas- HBH  
2:00 Movie: Taste of Home  
(Chinese) 94 mins

4:50 The Carol Burnett Show  
5:30 The Fall of the House of  
Habsburg - 1848-1918: A  
View of an Age  
7:00 Movie: Jackie (2016);  
R-Rated; 100 mins  
8:55 The Tonight Show with  
Johnny Carson

29

10:35 The Great War  
Factories of WWII America  
(174 mins)  
1:30 Fun Board Games with  
Kay Arms, resident-SOL

2:00 Dominoes-SOL  
2:00 Movie: Toto, Peppino,  
and the Hussy (Italian) 102  
mins  
4:30 The Carol Burnett Show  
5:30 The Mayflower: How did  
102 pilgrims survive this brutal  
voyage? (43 mins)

7:00 Movie: Barbie (2023);  
100 mins  
9:20 The Tonight Show with  
Johnny Carson

30